

# Welcome to LifeWorks

Register now for a live orientation webinar!



LifeWorks blends the best user experience and clinical expertise together to help people everywhere achieve total mental, physical, social and financial wellbeing. It has both your Employee Assistance Program (EAP) and personalized wellbeing resources that can support you and your dependents with issues related to work, life and everything in between.

LifeWorks offers support with mental, financial, physical and emotional wellbeing. Whether you have questions about handling stress at work and home, parenting and childcare, managing money, or health issues, you can turn to LifeWorks for a confidential service that you can trust.

All events take place on Wednesday's

## Manager Orientations

[February 9<sup>th</sup> – 1 p.m. EST](#)

[April 6<sup>th</sup> – 1 p.m. EST](#)

[July 6<sup>th</sup> – 1 p.m. EST](#)

[Oct 5<sup>th</sup> – 1 p.m. EST](#)

## Employee Orientations

[January 26<sup>th</sup> – 1 p.m. EST](#)

[February 16<sup>th</sup> – 1 p.m. EST](#)

[March 23<sup>rd</sup> – 1 p.m. EST](#)

[April 13<sup>th</sup> – 1 p.m. EST](#)

[May 25<sup>th</sup> – 1 p.m. EST](#)

[June 22<sup>nd</sup> – 1 p.m. EST](#)

[July 13<sup>th</sup> – 1 p.m. EST](#)

[Aug 24<sup>th</sup> – 1 p.m. EST](#)

[Sept 21<sup>st</sup> – 1 p.m. EST](#)

[Oct 12<sup>th</sup> – 1 p.m. EST](#)

[Nov 16<sup>th</sup> – 1 p.m. EST](#)

